

# Joining us in Italy?

We are thrilled to announce the Agile Coaching Retreat Spring 2025, a unique event that blends insightful workshops on Agile Coaching with enriching mindfulness practices, a dive into local culture, and, of course, delicious Italian cuisine!

## ✓ Workshops

Learn from industry experts and enhance your Agile coaching skills through interactive sessions.

## ✓ Mindfulness

Engage in mindfulness practices to foster personal growth and professional development.

## ✓ Cultural Experience

Immerse yourself in the vibrant culture of Italy with guided tours and local activities.

## ✓ Gastronomy

Savor the flavors of Italy with specially curated meals and culinary experiences.



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# Agile Coaching Retreat Spring 2025

Visit our website for more details on the program and registration:

[www.sprintzero.nl](http://www.sprintzero.nl)

## Contact Us

Have a question about this retreat? Just send us a message.

 [training@sprintzero.nl](mailto:training@sprintzero.nl)

## Price

The participation fee is €1000,- per person (plus VAT if you are based in the Netherlands).

Some activities are optional; the costs are not included in the above fee. See the website for details.

There is a discount available for people who followed a training with us. Contact us for more information.

This fee includes:

- Agile Coaching workshops,
- all materials,
- 4 nights for a single occupancy room,
- the workshop room,
- welcome dinner on Wednesday,
- 2 meals per day (breakfast and lunch), coffee, tea, and snacks from Wednesday to Saturday,
- cooking workshop (combined with lunch on Saturday)
- breakfast on Sunday



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**Who is it  
for?**

## Dates

The Agile Coaching Retreat will take place from Wednesday 26th of March until Sunday 30th of March 2025.

## Location

We will gather in a repurposed Italian farm that offers a luxurious stay, enough space for us to have workshops, and allows for some cultural and culinary activities as well. The farm is located in Lecce, South Italy.



This Agile Coaching Retreat is for Agile Coaches and other Agile change agents with several years of experience working with Agile Teams and some formal training on Agile Coaching and/or Agile Team Facilitation, e.g. ICAgile training.